

TITLE: African American Alzheimer's Caregiver Training and Support (ACTS)

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PROJECT ABSTRACT:

The primary objective of this study is to compare the effects of a manualized telephone-based CB intervention to a traditional f-to-f manualized intervention on depression and perceived health for AA care givers of older adults with dementia. Within this study, I developed a sub-study in which the purpose was to do a pilot examination of the validity of depression measurement in African Americans (AAs), specifically interpretations of depressive symptoms and accompanying severity ratings on standardized screening measures for depression (*e.g.*, *Patient Health Questionnaire-9*; PHQ-9;) This study will provide support for early phenomenon exploration, which NIMH encourages before submitting an R01 proposal in which extensive data are collected.

Funding Sources:

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Co-Investigators:

None

Community Collaborators:

None
