

TITLE: Preventing depression in rural adolescents: TALKnTIME.
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FSU Co-Principal Investigator: Dr. LaTonya Noel, MSW, PhD, FSU College
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PROJECT ABSTRACT:

This primary objective of this study is to evaluate a culturally adapted version of a school-based targeted intervention to reduce depressive symptoms and prevent the onset of Major Depression among rural middle school preadolescent girls. The intervention was tailored to address the smaller social networks in rural adolescents groups and to make it more appealing to minority youth in these communities. Second, the intervention was tailored to middle school preadolescent population as previous research had focused primarily on high schoolers or did not produce replicable results, and finally, the innovation was tailored for rural program implementation feasibility, addressing the workforce and teacher limitations in rural communities.

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Co-Investigators:

None

Community Collaborators:

None
