TITLE: Triangle Network to Engage Homeless Individuals with Substance Abuse & Mental Health Disorder (Triangle ENGAGE)

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PROJECT ABSTRACT:

Triangle Residential Options for Substance Abusers, in partnership with the UNC-CH School of Social Work, will strengthen their treatment services for homeless adults with a substance use disorder or co-occurring substance use and mental health disorder living in North Carolina by adding evidence-based practices and strengthening their network of service providers to ensure comprehensive service delivery. The research element of this program implementation grant involves a randomized controlled design, randomly assigning up to 300 individuals with co-occurring substance use and psychiatric disorders to one of three conditions: (a) Seeking Safety, a trauma-focused cognitive behavioral therapy intervention; (b) Mindfulness-Oriented Recovery Enhancement, a mindfulness-based cognitive intervention; or (c) treatment-as-usual, consisting of standard treatment milieu services provided at a therapeutic community program. Clinical outcomes will be evaluated pre- and post- the 10 week treatment conditions, with attrition from treatment and relapse tracked over a period of 2 years. Moreover, a measure of addiction attentional bias will be used to evaluate intervention effects on implicit cognitive processes in addiction.

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Co-Investigators:
None

Community Collaborators:
Triangle Residential Options for Substance Abusers