

Lauren Tobia

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Education

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| 2026 (expected) | Ph.D., Florida State University, College of Social Work, Tallahassee, FL |
| 2010 | M.S.W., University of Southern California, School of Social Work, Los Angeles, CA |
| 2006 | B.A., University of Vermont, Burlington, VT. Major: Psychology |

Research Interests

Child and adolescent mental health; health and social policy; trauma and trauma-informed care; equity in child-serving systems; multilevel and policy-focused research.

Professional Experience

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| 2024 - Present | Graduate Research Assistant, College of Social Work, Florida State University, Institute for Quality Children's Services, Advisor: Dr. Shamra Boel-Studt |
| 2020 - Present | Mental Health Clinician (LCSW), Jacksonville, FL |
| 2016 - 2017 | Graduate Research Assistant, Center for the Advancement of Human Rights, Florida State University, Advisor: Terry Coonan |
| 2014 - 2018 | Graduate Research Assistant, College of Social Work, Florida State University, Advisor: Dr. Shamra Boel-Studt |
| 2012 - 2013 | Regional Director, Rising Minds, San Juan la Laguna, Guatemala |
| 2011 - 2012 | Program Development Associate, La Asociación CREAR, Sámara, Costa Rica |
| 2010 - 2011 | Child and Family Therapist, North Shore Child & Family Guidance Center, New York |
| 2008 - 2010 | Clinical Social Work Intern, Dorothy Kirby Center, Secure Youth Treatment Facility, Division of Juvenile Justice, Los Angeles, California |

Publications

Peer-Reviewed

Boel-Studt, S., Schelbe, L., Deichen Hanson, M., & **Tobia, L.** (2018). Increasing youth engagement in residential group care: A mixed methods pilot study of a youth-guided incentive program. *Child and Youth Care Forum*, 47, 863-880. doi:10.1007/s10566-018-9465-y

Boel-Studt, S., & **Tobia, L.** (2016) A review of current trends, research, and recommendations for strengthening the evidence-base and quality of residential group care. *Residential Treatment for Children and Youth*, 33, 13-35. doi:10.1080/0886571X.2016.1175995

Tobia, L. (2016). Exposure to violence and conflict: Exploring predictors of unauthorized migration to the U.S. *Global Social Welfare*, 4, 71-80. doi: 10.1007/s40609-016-0079-8

Other Publications

Survive and Thrive Advocacy Center (2019). *Human trafficking services and referral directory*. Tallahassee, FL.

Presentations

Boel-Studt, S., & **Tobia, L.** (presented 2015, November). *Trauma-informed psychiatric residential treatment: Examining outcomes in subgroups of children ages 5-10 and 11-17*. International Society for Traumatic Stress Studies 31st Annual Meeting, New Orleans, LA.

Tobia, L. (presented 2012, July). *Cross cultural community surveys and feedback*. Omprakash Network Educational Workshop, Playa Potrero, Costa Rica.

Awards and Funding

Christianson Grant, InterExchange Foundation, 2011 (\$6500)

Professional Membership

Society for Social Work and Research
Council on Social Work Education

Service

Grant Writer, National Association of Counsel for Children, Washington DC (2019 - 2020)

Detention Visitation Volunteer, Freedom For Immigrants, FL & GA (2017 - 2024)

Survey Consultant, Survive and Thrive Advocacy Center, Tallahassee, FL (2016)

Refugee Resettlement Volunteer, International Rescue Committee, Tallahassee, FL (2015)

Educator and Writer, FreeForm Radio Initiative, Incarcerated Voices, Remote (2013 - 2014)