

## Caitlin R. Nolan, MSW, LMSW

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### EDUCATION

<b>Doctor of Philosophy: Social Work</b> Florida State University	Expected graduation date: May 2019
<b>Master of Social Work: Clinical</b> Florida State University	May 2014
<b>Bachelor of Arts: Psychology</b>	April 2012
<b>Bachelor of Arts: Sociology/Social Welfare</b> University of North Florida	April 2012

### PROFESSIONAL LICENSURE, CERTIFICATIONS, AND MEMEBERSHIPS

Licensed Master Social Worker (LMSW) License #MSW006885	State of Georgia
Protecting Human Research Participants Certification	National Institutes of Health
National Association of Social Workers	

### CURRENT POSITION

<i>FSU College of Social Work</i>	Tallahassee, FL
<b><u>Research Assistant: Florida Study of Professionals for Safe Families</u></b>	August 2015-Present
<ul style="list-style-type: none"> <li>Disseminating electronic surveys via Qualtrics</li> <li>Conducting in-depth literature and instrument searches</li> <li>Assisting in instrument development, refinement, and validation</li> <li>Developing substantive modules (e.g. supervision and organizational functioning, mental health and Work-life balance)</li> <li>Conducting statistical analyses in SPSS and other data analysis software</li> <li>Created the Inadequate and Unethical Supervision Scale (IUSS) for child welfare agencies</li> </ul>	

### RESEARCH AND TEACHING EXPERIENCE

<i>FSU College of Social Work</i>	Tallahassee, FL
<b><u>Research Assistant: AmeriCops/Volunteer Florida Project</u></b>	August 2012-May 2014
<ul style="list-style-type: none"> <li>Entered and analyzed data</li> <li>Coded instruments</li> <li>Completed bi-annual reports</li> <li>Complied and organized longitudinal data to determine long-term efficacy and sustainability of programs</li> <li>Collaborated with members of community agencies to strengthen program outcomes</li> </ul>	
<i>UNF Department of Sociology and Anthropology</i>	Jacksonville, FL
<b><u>Research/Teaching Assistant</u></b>	April- August 2012
<ul style="list-style-type: none"> <li>Assisted with qualitative data collection, transcription, and analysis</li> <li>Graded exams and papers</li> <li>Maintained online gradebook and other Blackboard course functions</li> <li>Conferred with instructor on students' progress</li> </ul>	

### REFEREED PUBLICATIONS

- Nolan, C.R. (2016). Bending without breaking: A narrative review of trauma-sensitive yoga for women with PTSD. *Complementary Therapies in Clinical Practice*, 24, 32-40.

### REFEREED PRESENTATIONS

- Wilke, D.I., Radey, M., Osteen, P., **Nolan, C.R.**, King, E.A., & Miller, C. (presented September 2016). An overview of new hires into the child welfare workforce: Results from the Florida Study of Professionals for Safe Families. Poster Presentation at the National Conference on Child Abuse and Neglect, Washington, D.C. (National).

### INTERNSHIP EXPERIENCE

*FSU Victim Advocate Program*

Tallahassee, FL  
January-May 2014

**Clinical Social Work Intern**

- Provided supportive counseling, crisis intervention, information and referrals
- Evaluated options and assisted with safety planning
- Aided victims in navigating medical, legal, and academic processes
- Coordinated with various university and community agencies that provide services to victims
- Assisted with presentations to various groups on campus
- Participated in departmental and community meetings and trainings

*Big Bend Homeless Coalition*

Tallahassee, FL  
January-April 2013

**Generalist Social Work Intern**

- Provided case management and community referrals to individuals and families
- Facilitated a women's discussion group
- Assisted with resume writing, mock interviews, and other job readiness activities
- Organized social and recreational events for residents
- Conducted screenings and assessments and consulted with staff to make admissions decisions
- Promoted agency fundraising events and volunteer activities

*UNF Women's Center*

Jacksonville, FL  
January-June 2011

**Social Welfare Intern**

- Developed presentations for events and meetings
- Planned and promoted fundraisers and special events
- Facilitated weekly student forums
- Attended monthly sexual assault advisory committee meetings
- Contacted victims regarding eligibility for services
- Developed treatment plans
- Gained knowledge and experience with administering programs at a non-profit organization

### WORK EXPERIENCE

Florida Division of Blind Services

Jacksonville, FL  
May 2014-January 2015

**Senior Rehabilitation Specialist**

- Assisted visually impaired clients with obtaining and maintaining employment
- Provided vocational rehabilitation, counseling, case management, and referrals to clients
- Managed a caseload of visually impaired students through the DBS college program
- Worked with clients to develop, implement, and evaluate individualized plans for employment
- Interviewed prospective clients and made service eligibility determinations
- Conducted school, home, and work visits to assess progress and address any barriers to performance
- Wrote authorizations for client expense (e.g. tuition, glasses, visual aids)
- Partnered with schools, employers, and other agencies in the north Florida area

*The Arc Jacksonville: Summer LIFE Experience Program*

Jacksonville, FL  
June- August 2012

**Independent Life Skills/Housing Mentor**

- Provided daily living skills training to young adults with developmental and intellectual disabilities
- Helped develop and execute behavioral modification plans
- Fostered a sense of community inclusion through participation in recreational and leisure activities
- Provided socialization training in various environments
- Coordinated with families to increase efficacy of program and to ease transition home

*UNF Women's Center*

Jacksonville, FL  
September 2010- April 2012

**Victim Advocate**

- Completed 30 hours of intensive victim advocate training
- Staffed the university's 24-hour crisis helpline
- Planned and organized events to raise funds and awareness for victim's issues

- Provided resource referrals to students, faculty, and staff
- Assisted in recruitment and training
- Maintained updated list of community agencies and services for victims

#### **VOLUNTEER AND PROFESSIONAL SERVICE EXPERIENCE**

- Doctoral Student Organization Secretary** 2016-2017
- Mentoring incoming first-year doctoral students
  - Taking notes and tracking attendance at meetings
  - Assisting in organization functions such as the modification of DSO's Constitution
  - Communicating with members via email and social media
- National Eating Disorders Association Advocate** 2016-2017
- Fundraising
  - Advocating for eating disorder treatment parity legislation
  - Engaging in community outreach to increase awareness of issues related to eating disorders
- Manuscript Reviewer** 2016
- *Research on Social Work Practice*
  - *Complementary Therapies in Clinical practice*
  - *International Journal of Yoga Therapy*
- Creator of *From Darkness to Light: An Eating Disorder Poetry Sourcebook*** 2015
- Compiled a compendium of poetry, songs, quotes, and book excerpts related to eating disorder recovery
  - Created a forward explaining the principles of expressive arts therapy as they relate to recovery
  - Donated both a digital (PDF) and bound copy to the following treatment facilities:
    - Ridgeview Institute's Women's Trauma/ED Program (Smyrna, GA)
    - Renfrew Center of Georgia (Atlanta, GA)
    - Canopy Cove Residential Treatment Center (Tallahassee, FL)
- National Association of Anorexia Nervosa and Associated Disorders Group Co-leader** 2015
- Co-facilitated a support group for individuals suffering from eating disorders
  - Invited members to participate in art, music, poetry, and other expressive arts therapies
- Active Minds Member (UNF and FSU Chapters)** 2011-2012, 2015-2017
- Planned and participated in events to raise awareness and advocate for mental health issues
- UNF Conduct Board Student Representative** 2011-2012
- Reviewed conduct cases to make a determination and decide sanctions
  - Participated in review and revision of student conduct policies and procedures
- UNF Body Image Task Force Member** 2011
- Planned and promoted events related to positive mental and physical health practices
  - Fostered positive self-image on campus and in the community via education and advocacy campaigns
  - Planned, organized, and promoted eating disorder recovery events
- #### **OTHER PRESENTATION EXPERIENCE**
- UNF Department of Sociology and Anthropology Undergraduate Research Symposium** 2012
- *Sports as Religion: The Case of Superfans*: Presented an original qualitative research project
- Sexual Assault and Relationship Violence Education** 2011-2012
- Provided information on sexual and relationship violence, safety planning, and university and community resources to sororities, fraternities, incoming freshman and transfer students, and other UNF student organizations
- Recovery Discovery** 2011
- Provided information on eating disorders and body image issues among college students for the UNF and Jacksonville communities

### **HONORS AND AWARDS**

- Phi Alpha Honor Society
- Psi Chi Honor Society
- UNF Women's Center Leadership Award
- Edward J. Bloustein Distinguished Scholar

### **RESEARCH INTERESTS**

- Eating disorders
- Trauma, victimization, and trauma-informed care
- Mental health and substance abuse in women
- Yoga and mindfulness
- Mental health parity policy
- Child welfare
- Cognitive-based therapies

### **SKILLS AND KNOWLEDGE**

- SPSS, Mplus, Stata, Qualtrics, and Microsoft Office
- Instrument development and validation
- Data collection
- Primary and secondary data analysis using a variety of statistical procedures
- Interviewing and assessment
- Quantitative and qualitative research methodologies
- Cognitive-based therapeutic modalities such as CBT and DBT
- Crisis intervention
- Therapeutic group facilitation
- Applications of yoga, meditation, and mindfulness in mental health practice
- Program evaluation
- Policy evaluation
- Event development, promotion, and execution
- Fundraising
- Education and outreach
- Social justice advocacy