### Week #1:
- **Emotional**
  - Personal Warning Signs
- **Psychological**
  - Showing Self-Compassion

### Week #2:
- **Professional**
  - Emotional
- **Spiritual**
  - Psychological

### Week #3:
- **Physical**
  - Professional
- **Personal**
  - Spiritual

### Week #4:
- **Relationships**
  - Physical
- **Environmental**
  - Personal

### Week #5:
- **Center for the Study & Promotion of Communities, Families, & Children**
  - Relationships
- **Environmental**
  - Environmental