The Nourish to Flourish Project is a collaborative effort of the Center for the Study & Promotion of Communities, Families, & Children, FSU College of Social Work, & the National Association of Social Workers-Florida Chapter (NASW-FL) to provide recognition, appreciation, & support to the social work profession.

**WHAT:** Engage in practicing self-care habits with guest presenters

**WHEN:** Every Monday & Wednesday at 10:30 AM for 5-weeks

**WHERE:**
- FSU College of Social Work online platforms: Facebook & YouTube
- NASW-FL online platforms

**TOPICS:**

**RESOURCES:**
- Other resources presented throughout the five weeks will be made available

**GUEST PRESENTERS**

**Dr. Jim Clark**
Dean & Professor FSU College of Social Work

**Carol Edwards**
Assistant Teaching Professor, FSU & NASW-FL President

**Dr. Lisa Schelbe**
Associate Professor, FSU College of Social Work

**Karen Oehme**
Director, FSU Institute for Family Violence Studies

**Jane Dwyer Lee**
Teaching Professor, FSU College of Social Work

**Susan Mankita**
Owner, Sweet Grindstone & NASW-FL President Elect

**Dr. Shalay Jackson**
Assistant Teaching Professor, FSU College of Social Work

**Dr. Hugh Clark**
Associate Professor & MSW Coordinator, Florida Gulf Coast University

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