

Matt Gilmour, LCSW, MSW

ADDRESSES

Academic:
Student
College of Social Work
Florida State University
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RESEARCH INTERESTS

Correctional and criminal justice system policies and reform, particularly inmate medical and mental health care, inmate rights, privatization of correctional/criminal justice services, reentry and rehabilitation, and policing. Utilization of research in social justice advocacy work, particularly racial disparities and other issues involving the oppression of marginalized populations.

TEACHING INTERESTS

Criminal justice social work, social work policy, social justice and diversity, research

EDUCATION

PhD Student. Expected graduation 2023. College of Social Work. Florida State University.

Masters in Social Work. 2011. College of Social Work. Florida State University, Tallahassee, FL

Bachelors of Arts in English, concentration in creative writing with Minor in Film Studies. 2006. College of Arts and Sciences. Florida State University. Tallahassee, FL

LICENSURE

Licensed Clinical Social Worker. SW 11653 (October 28, 2013; renewal date March 31, 2023), State of Florida. Qualified Supervisor.

PRACTICE EXPERIENCE

Site Supervisor/Therapist March 2015-August 2016

Stewart-Marchman-ACT Behavioral Healthcare: NSB Outpatient Clinic, New Smyrna Beach, FL

- Responsible for overseeing the daily operation of SMA's outpatient clinic in New Smyrna Beach, whose primary focus is providing psychiatric medication management services to both insured and uninsured clients. On-site staff include a psychiatric ARNP, LPN, Customer Service Representative, Life Skills Coach and Medical Records Technician, as well as other SMA therapists/case managers from separate programs on different days of the week. Clinic also rented office space to other community partners.

- Duties included responding to client complaints/crises, completing monthly reports, providing direct supervision to site LPN and Life Skills Coach, maintaining a caseload of clients for therapy (ranging from weekly to monthly), facilitating a weekly therapy group, and completing court-ordered mental health evaluations, and other administrative tasks as required.
- Also assisted the Adolescent & Adult Outpatient Substance Abuse programs in providing services to court-ordered clients whose insurance required a licensed professional.

Mental Health Supervisor

June 2014-March 2015

Stewart-Marchman-ACT Behavioral Healthcare: Volusia County Branch Jail & Correctional Facility, Daytona Beach, FL

- SMA provides mental health services to inmates through subcontract with county's medical services provider. Managed a small-staff of SMA employees (2 full-time and 2 ROC mental health screeners, 1 diversion specialist, a psychiatric LPN and an ROC psychiatric RN) and coordinated services with the jail psychiatrist (SMA's Medical Director) and medical department staff.
- Tracked client contacts, responded to inmate requests, initiated involuntary commitment for inmates pending release, performed brief assessments and mental health evaluations, and provided counseling services and other administrative tasks as needed

Long-Term Care Case Manager

December 2013-June 2014

Centene: Sunshine Health Plan, Volusia County, FL

- Assigned a caseload of 100 enrollees in State-contracted managed care plan for Medicaid-eligible long-term care coverage (18+). Caseload was comprised entirely of members residing in Volusia-area nursing homes.
- Primary duties include coordination of nursing home services, annual and quarterly assessments/care planning, monthly visits, procuring consent forms and other documents requiring signatures of members and/or Powers of Attorney, and completing digital documentation of all contacts with members, providers and other relevant parties.

Behavioral Specialist/Mental Health Professional

April 2013-December 2013

State of Florida (later, Corizon): Tomoka Correctional Institution, Daytona Beach, FL

- Duties included: providing case management and therapy to inmates on caseload (100 on average); conducting BPSAs, initial interviews and (as required) sex offender screenings on newly-arrived inmates; providing crisis intervention to inmates for psychiatric emergencies (self-referred and staff-referred); diagnosing and formulating treatment plans in collaboration with a Multi-Disciplinary Team including staff psychiatrist, psychiatric nurse, and senior psychologist; conducting mental health screenings and assessments on inmates presently housed in confinement cells and infirmary cells (for suicidal risk/severe psychosis); and providing 6-week brief therapy to inmates not receiving mental health services per their request (for issues such as anger management or grief).
- Following privatization, was assigned by supervisor to handle discharge/aftercare planning for qualified mental health clients. Responsible for the tracking of inmates in confinement and updating the confinement spreadsheet from Sept. 2013-Nov. 2013.

Master's Level Clinician

January 2012-April 2013

Stewart-Marchman-ACT Behavioral Healthcare: Florida Assertive Community Treatment Team, Volusia County, Daytona Beach, FL

- Case manager for 15 clients as part of a multi-disciplinary team serving 100 clients with severe and persistent mental illness within the community
- Duties include ordering and delivering medication refills, monitoring medication compliance, supportive therapy, coordinating client benefits, finances, and paying bills, completing regular

mini-mental-status-exams and twice-a-year comprehensive assessments, updating client treatment plans, writing daily notes on every client contact, assisting clients with shopping and other errands/needs, coordinating appointments and lab work with primary care physicians and specialists, providing education and counseling on substance abuse for clients with dual diagnoses (including facilitation of the weekly support group on a rotating basis), referrals to outside agencies/programs as needed, crisis intervention, and other varied tasks that arise given a client's particular case.

Substance Abuse Counselor

May 2011-January 2012

Stewart-Marchman-ACT Behavioral Healthcare: D.O.C. Outpatient Substance Abuse Program
Daytona Beach, FL

- Working with adult felony probationers referred to outpatient substance abuse treatment.
- Duties included biopsychosocial assessments/screenings/intake, treatment planning and review, coordinating with probation officers, referrals to community resources, writing up daily, weekly and monthly notes and reports, facilitating two Moral Reconciliation Therapy groups and one Relapse Prevention group, and other case management-related tasks.

MSW Intern

January 2011-May 2011

Stewart-Marchman-ACT Behavioral Healthcare: Florida Assertive Community Treatment Team,
Volusia County, Daytona Beach, FL

- Completed final clinical internship for FSU's MSW program.
- Assigned to work alongside an MSW Case Manager on the team, whose duties included individual, supportive and group therapy (dual diagnosis), completing regular assessments, writing daily notes and updating ongoing client treatment plans, coordinating client finances, transporting clients to medical appointments and other errands, managing and delivering medications, and other varied tasks that arise given a client's particular case.
- Under supervision, I facilitated/co-facilitated several sessions of Dual Diagnosis group, provided individual supportive therapy, conducted brief mental status exams, wrote daily and group notes, wrote an assessment/treatment plan for a client, and other tasks as assigned.

Disposition Specialist Intern

May 2010-August 2010

Orange County Public Defender's Office: Social Services Department, Orlando, FL

- Completed generalist internship for FSU's MSW program.
- Handled a total of 21 cases (all adult male or female offenders), primarily meeting with clients - in jail or at the office - who were interested in receiving substance abuse and/or mental health treatment and helping them apply to residential programs.
- Other duties included connecting clients with community resources (housing, applying for SSI/SSDI/Medicaid, medical clinics, etc.), communicating with the jail's medical department to ensure clients were receiving proper medication, obtaining clients' signatures on release of information forms, and screening recently-booked offenders for both public defender eligibility and substance abuse/mental health concerns.

OTHER EXPERIENCE

Cops/Public Safety Reporter

April 2009–August 2009

Tallahassee Democrat, Tallahassee, FL

- Wrote daily articles, usually covering crime, court cases and breaking news.
- Also wrote articles and features for general assignments.

Guest Services/

June 2003–August 2006

Communications Staff

Orlando Regional Medical Center: South Seminole Hospital, Longwood, FL

- Worked as pool employee during summer/winter breaks in several different areas of hospital — front desk, emergency room guest services, mail room, surgical waiting room, gift shop, operator’s switchboard, and Behavioral Health visitations — often accumulating overtime.
- Responsibilities included answering phones, escorting visitors, fielding complaints and carrying out specialized projects as assigned by supervisor.

RESEARCH EXPERIENCE

Graduate Research Assistant

August 2016 – August 2018

Advisor: Stephen J. Tripodi, PhD

- General duties included conducting literature reviews and building tables of information to assist in grant applications, articles, and presentations, proofreading documents and confirming sources/citations, and other tasks as assigned.
- *Alternative Treatment Design Comparing Seeking Safety and STAIR for Women in Prison.*
 - Conducted initial interviews with participants at Lowell C.I. for baseline data collection (December 2017)
 - Data entry and data management (January 2018-August 2018)
 - Project Manager (March 2018-August 2018), serving as primary point of contact with the prison, treatment providers, and data collection team. Organized volunteers, scheduled site visits, and prepared data collection packets and other printed forms.
- *Multistate Randomized Controlled Trial of the 5 Key Model for Reentry.*
 - Conducted interviews with participants at Gadsden C.I. for baseline data collection (June 2018)
 - Data entry (July 2018)

TEACHING EXPERIENCE

Teaching Assistant - Instructor

May 2017 – present

College of Social Work, Florida State University

Instructor:

2021 SP	Social Work with Groups (SOW4323)
2021 SP	Social Welfare Policies & Programs (SOW4232)
2020 FA	Diversity and Social Justice (SOW4620)
2020 FA	Social Work with Groups (SOW4323)
2020 SP	Social Welfare Policies & Programs (SOW4232)
2020 SP	Introduction to Social Work Research (SOW4403)
2019 FA	Social Welfare Policies & Programs (SOW4232)
2019 FA	Introduction to Social Work Research (SOW4403)
2019 SP	Social Welfare Policies & Programs (SOW4232)

Teaching Assistant:

2020 SU	Evaluation of Social Work Practice (SOW5432)
2020 SP	Theory and Practice of Social Work in Criminal Justice Settings (SOW4665/5666)
2019 SU	Theory and Practice of Social Work in Criminal Justice Settings (SOW4665/5666)
2018 FA	Human Behavior and the Social Environment (SOW5105)
2018 SU	Theory and Practice of Social Work in Criminal Justice Settings (SOW4665/5666)
2017 SU	Grant Writing and Grant Management (SOW5455) (online)

PUBLICATIONS

Journal Articles

Tripodi, S. J., Killian, M. O., **Gilmour, M.**, Curley, E., & Herod, L. (in press). Trauma Informed Care Groups with Incarcerated Women: An Alternative Treatment Design Comparing Seeking Safety and STAIR. *Journal of the Society for Social Work and Research*, 1-31 pages.

Ferguson, A., & **Gilmour, M.** (2018). Non-monosex research publication in US-based social work journals between 2008–2016. *Journal of evidence-informed social work*, 15(1), 23-37.

Book Chapters

Ropes Berry, K., **Gilmour, M.**, Kennedy, S.C., & Tripodi, S.J. (2018). Coming home: Challenges and opportunities to enhance reentry success. In W.T. Church II & D.W. Springer (Eds.), *Serving the stigmatized: Working within the incarcerated environment* (pp. 287-306). New York, NY: Oxford University Press.

PRESENTATIONS

Ferguson, A., & **Gilmour, M.** (2018, January). *Non-monosex research publication in social work journals between 2008 and 2016: Systematic review and content analysis*. Oral presentation at Society for Social Work Research Conference, Washington, D.C.

BOARD, ASSOCIATION & COMMITTEE MEMBERSHIPS

Interim co-chair / Interim secretary	Volusia/Flagler Unit, Florida Chapter, National Association of Social Workers	2015
Member	Board of Directors, Florida Chapter, National Association of Social Workers	2013-2015
Unit Chair	Volusia/Flagler Unit, Florida Chapter, National Association of Social Workers	2013-2015
Legislative Chair	Volusia/Flagler Unit, Florida Chapter, National Association of Social Workers	2012-2013
Member	National Association of Social Workers	2010-present

SKILLS, TRAINING, AND COMPETENCIES

- Completed Protecting Human Research Participants web-based training course, National Institute of Health Office of Extramural Research, Certification #2164705, September 11, 2016.
- Certified Moral Reconciliation Therapy Group Facilitator (2011)