

#### Job Description

### JOB TITLE Licensed Clinical Therapist

#### LICENSING Florida Professional License, LCSW

The basic functions of the Licensed Clinical Therapist are to provide assessments, treatments, psychotherapy, case management, and referrals to a broad range of clients, including those which are severely mentally ill and those dealing with adjustment issues. Individual, couples, family, and group therapy are available forms of treatment provided by Licensed Clinical Therapists. Clients can range in age from young children to the elderly. Support and education are provided to the significant others of the clients as well. Additionally, the licensed therapist will provide case management services and crisis intervention as needed. All services are provided in accordance with professional ethics and boundaries.

#### BRIEF BREAKDOWN OF DUTIES

- 1. Interview clients to obtain information concerning social history, treatment, and other pertinent information.
- 2. Plan and administer therapeutic treatment, behavior modification, and stress management therapy to assist clients in developing/displaying appropriate behaviors.
- 3. Clinically evaluate patients to detect indications of abnormal physical or mental behavior.
- 4. Review results of psychological evaluations and evaluations from community providers to assess client needs.
- 5. Change method and degree of therapy when indicated by client reactions and needs.
- Discuss progress toward goals and objectives, such as medication regimen, family relationships, educational programs, social development, discharge plans or other behavioral problems, with clients.
- 7. Responsible for carrying a clinical caseload, either online via secured HIPPA Compliant Telehealth platform or face to face at our organization, while maintaining required productivity level as detailed by the Clinical Director.
- 8. Consult external community providers concerning treatment plans and for coordination of care, as required.
- 9. Maintain regular contact with other agencies and professionals regarding client progress in the therapeutic treatment milieu through phone calls, letters, and/or monthly reporting.
- 10. Refer clients to supportive services to supplement treatment and counseling, as needed.



#### TELEHEALTH

Psychiatric services are provided via a live videoconference to adult/child/adolescent populations using a HIPPA Compliant Platform similar to outpatient psychiatry. All staff are required to take an online telehealth training program if providing telemedicine services. The telehealth program must meet all requirements to ensure that each clinician understands when virtual care is appropriate and when a patient is best served with in-person care. Clinicians must demonstrate how to effectively communicate with virtual patients, be able to evaluate signs and symptoms for a patient virtually, and be able to use best practices when delivering virtual care.

#### SUPERVISION RECEIVED

Licensed Clinical Therapists are required to meet with the Clinical Director, on a monthly basis, to review treatment planning and coordination of care for patients. Specific treatment interventions are planned and implemented by the therapist, independently. Situations in which clients are not responding to treatment are to be reported to the Clinical Director. Unethical or illegal issues, and/or any perceived threat to clients or other individuals are to be reported to the Clinical Director immediately. Treatment records may be reviewed at any time.

# POSITION REQUIREMENTS

- a) Licensed Clinical Social Worker (LCSW), Licensed Mental Health Counselor (LMHC), or Licensed Marriage and Family Therapist (LMFT)
- b) Clear AHCA Level II Background Screening

#### KNOWLEDGE, SKILLS, AND ABILITIES

- 1) Ability to understand and follow directions from supervisors, as well as comply with agency and county directives, state laws, licensing rules and regulations, and certification standards that cover mental health, AODA, and the chronically mentally ill.
- 2) Maintain electronic case records that are in accordance with HIPAA guidelines and other federal and state regulations.



- 3) Demonstrates excellent verbal skills (essential to communicate clearly with clients and other staff members).
- 4) Ability to read and understand clinical reports and professional literature.
- 5) Knowledge of the spectrum of mental illness, symptomatology, psychotropic medications, and the problems presented in adjusting to life cycle changes.
- 6) Knowledge of lifespan issues from child development to issues of aging.
- 7) Ability to articulate a coherent philosophy regarding a psychotherapeutic approach or approaches within generally accepted practices of psychotherapy.
- 8) Ability to accurately recognize crisis situations, assess potential danger to clients and/or others, and effectively intervene, complete Baker Acts, and assist with hospital transportation, as needed.
- 9) Ability to recognize dual diagnosis and substance abuse problems.
- 10) Ability to work as part of a mental health team.
- 11) Ability to relate to administrative staff in a professional and appropriate manner.
- 12) Demonstration of licensure free from any record of ethics and boundaries sanctions or reports of any type of client abuse.

## WORK ENVIRONMENT

The work locations are: <u>1951 NW. 17<sup>th</sup> Ave. Miami, FL. 33125</u> and <u>10691 N. Kendall Dr. Miami, FL. 33176</u>. Therapists may choose their location preference, but some work may take place at the unchosen location as agreed to and deemed necessary.