

CURRICULUM VITAE

DENISE SOWELL-MONTFORD, ACSW, LCSW

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EDUCATION

UNIVERSITY OF SOUTH CAROLINA, Columbia, SC
MS Social Work, 1989

AUBURN UNIVERSITY, Auburn, AL
BA Psychology, 1985

LICENSURES & CERTIFICATIONS

STATE OF ALABAMA
Licensed Certified Social Worker, 2006 - Present

STATE OF FLORIDA
Licensed Clinical Social Worker, 1994 - Present

THE ACADEMY OF TRAUMATOLOGY, Tallahassee, FL
Field Traumatologist, 2005 - 2009

UNIVERSITY OF ALABAMA, Tuscaloosa, AL
Thanatology Certificate Program, 2002

CAREER PATH

OMEGA HEALTHCARE SOLUTIONS, Panama City, FL 07.16 – 07.17
Field Care Manager

- Provide in-home care management to clients who are enrolled in Humana health plan.
- Conduct assessments to identify problems, eligibility for assistance and need for services.
- Develop professional care plan in collaboration with the multidisciplinary team.
- Generate thorough/ timely documentation per organization's guidelines.
- Model effective time management /communication skills and ability to work independently or with a team under general instructions.
- Computer literate with proficiency in Microsoft applications: Outlook, Word, Excel, PowerPoint, and navigating the internet.

FLORIDA THERAPY SERVICES, INC., Panama City, FL 09.15 - Present
Licensed Contract Therapist

- Provide counseling services to clients from wide range of ethnic backgrounds.
- Conduct assessment, brief therapy, referral, and follow-up to children, adolescents, and adults.
- Develop diagnostic profiles/treatment plans to address clients' therapeutic needs.
- Generate thorough/timely documentation per organization's guidelines.
- Model effective time management/communication skills.
- Computer literate with proficiency in Microsoft applications: Outlook, Word, Excel, PowerPoint, and navigating the internet.

ANGEL HOUSE BEREAVEMENT CENTER, Panama City, FL 01.15 - Present
Vice President/Director of Adult Services (Co-Founder)

- Serve as both agency administrator and therapist.
- Provide bereavement counseling services to clients from wide range of ethnic backgrounds.
- Conduct bereavement assessment, brief therapy, referral, and follow-up to children, adolescents, and adults.
- Develop diagnostic profiles/treatment plans to address clients' therapeutic needs related to loss.
- Supervise Registered Clinical Social Worker Interns and Registered Mental Health Counselor Interns for licensure as well as student interns in both social work and counseling.
- Computer literate with proficiency in Microsoft applications: Outlook, Word, Excel, PowerPoint, and navigating the internet.

FLORIDA STATE UNIVERSITY, Panama City, FL 06.07 - Present
Adjunct Instructor

- SOW 4360 - Social Work Practice II, Fall 2016/2015, Spring 2014/2013/2012/2011/2010/2009/2008 Summer 2007
- SOW 4620 - Diversity in Social Work, Fall 2016/2015/2014/2013/2012/2011/2010
- SOW 5535 - Field Education II, Spring 2017/2016, Summer 2016
- SOW 4290 – Ethical Issues in Social Work Practice, Spring 2017

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CAREER PATH (Continued)

COVENANT HOSPICE, Panama City, FL

07.96 - 01.15

Clinical Care Specialist, 09/08 - 01/15

Clinical Education Preceptor, 03/07 - 09/08

Bereavement/Social Work Program Coordinator, 07/04 - 03/07

- Supervised Registered Clinical Social Worker Interns for licensure as well as BSW/MS student interns.
- Utilized extensive knowledge base of Medicaid, Medicare, and state policies governing public assistance facilities.
- Evaluated/advised clinical team on psychological needs and appropriateness of services for potential clients/patients.
- Led grief support groups, workshops, and in-services.
- Conducted numerous community presentations concerning Hospice services and end-of-life care.
- Provided in-services to staff on various topics related to end-of-life care.
- Conducted orientation and training to new staff members on hospice philosophy, policies, procedures, documentation and electronic medical record (EMR, Allscripts).
- Conducted home/office visits with social work and bereavement staff for initial competencies and annual evaluations.
- Served as mentor and resource person for social service staff; and advisor to leaders regarding psychosocial and bereavement issues.
- Collaborated with staff in coordination of patient care.
- Presented ongoing education on disease processes and other health related matters to members/families.
- Interfaced with patients' physician(s) and other disciplines to ensure best practices in health care and best practice in social work.
- Generated thorough/timely documentation as per company's guidelines.
- Traveled up to 50-75% of time in assigned territory.
- Performed any other duties as requested by organization's job requirements.
- Modeled effective time management, communication skills, and ability to work independently and with team under general instructions

Social Worker/Bereavement Specialist, 07/96 - 07/04

- Performed initial psychosocial assessments for patients admitted to Hospice care.
- Conducted bi-weekly home visits with patients/families to assess needs and provide emotional support counseling for end-of-life care. Assisted with completion of advance directives/funeral planning.
- Provided bereavement support and counseling to children, adolescents, and adults following death of loved one.
- Provided counseling services to clients/patients from wide range of ethnic backgrounds.
- Conducted individual group/family sessions; facilitated support groups; provided training on grief/loss issues to bereaved individuals, community professionals, and Hospice staff; and conducted initial assessment to determine risk/needs for bereaved individuals.
- Led grief support groups, workshops, and in-services.
- Conducted numerous community presentations concerning Hospice services.
- Organized/coordinated annual Hospice Remembrance Celebration.
- Provided counseling/support services to terminally ill patients/families and residents/families of nursing home facilities.

UNIVERSITY OF WEST FLORIDA AT CHIPOLA, Marianna, FL

08.04 - 04.06

Adjunct Instructor

- SOW4233 - Seminar in Social Justice, Action & Policy, Spring 2006/2005
- SOW4332 - Strategies for Change Community Organization & Development, Fall 2004 /2005

CAREER PATH (Continued)

- APOGEE, Panama City, FL 02.95 - 07.96
Licensed Clinical Social Worker
- Provided individual/group therapy to residents in long-term care facilities.
 - Trained facility staff on various issues related to geriatric care.
 - Facilitated group therapy for geriatric residents.
 - Coordinated/led staff in-services concerning nursing home issues.
 - Provided counseling services to clients/patients from wide range of ethnic backgrounds.
 - Interfaced with patients' physician(s) and other disciplines to ensure best practices in health care and best practice in social work.
 - Served as advocate for patients/families traveling up to 50-75% of time in assigned territory.
 - Generated thorough/timely documentation per organization's guidelines.
 - Modeled effective time management, communication skills, and ability to work independently or with a team under general instructions.
- AUBURN UNIVERSITY, Auburn, AL 01.94 - 02.95
Project Director
- Contract position between Auburn University and Alabama Department of Human Resources (DHR).
 - Trainer for Alabama Certification Program (ACT).
 - Presented guest lectures introducing mental health area to social work students
 - Taught training sessions for interpersonal helping skills, assessment, and treatment planning/intervention with child welfare workers.
- RIVENDELL PSYCHIATRIC HOSPITAL, Panama City, FL 12.90 - 12.93
Program Therapist
- Provided individual, group, and family therapy to children, adolescents and adults for inpatient, psychiatric hospital.
 - Completed initial psychosocial assessments for individuals admitted to hospital; and coordinated discharge plans for patients discharged from hospital.
 - Conducted short-term psychotherapy for emotionally disturbed children, adolescents, and adults in short/long-term therapeutic program.
 - Provided crisis intervention, problem solving, and brief therapy to adolescents/families.
 - Conducted assessments, brief therapy, referral, and follow-up to children, adolescents, and families.
 - Performed investigative intake interviews/diagnostic evaluations.
 - Developed diagnostic profiles/treatment plans to address patients' therapeutic needs.
 - Provided counseling services to clients/patients from wide range of ethnic backgrounds.
 - Interfaced with patients' physician(s) and other disciplines to ensure best practices in health care and best practice in social work.
 - Served as advocate for patients/families.
 - Generated thorough/timely documentation per organization's guidelines.
 - Modeled effective time management, communication skills, and ability to work independently or with a team under general instructions.
- GULF COAST HOSPITAL, Panama City, FL 03.90 - 12.90
Social Worker
- Performed initial assessments on patients referred for social work services in acute care hospital; and performed initial/on-going assessments in members' homes.
 - Coordinated and arranged for services post discharge.
 - Made referrals to community agencies.
 - Assisted in coordination of care with goal of reducing hospitalizations.
 - Interfaced with patients' physician(s) and other disciplines to ensure best practices in health care and best practice in social work.
 - Served as advocate for patients/families.
 - Generated thorough/timely documentation per organization's guidelines.
 - Modeled effective time management, communication skills, and ability to work independently or with a team under general instructions.

CAREER PATH (Continued)

SUMTER COUNTY DEPARTMENT OF SOCIAL SERVICES, Sumter, SC

12.86 - 02.90

Social Service Specialist III/IV, 04/88 - 02/90

- Served as case manager in foster care unit managing 20 cases annually.
- Conducted home visits to foster children, foster parents, and birth parents to ensure permanency planning goals were met for children.
- Performed initial/on-going assessments in homes.
- Served as advocate for children while traveling 50-75% of time in assigned territory.
- Generated thorough/timely documentation per organization's guidelines.
- Modeled effective time management, communication skills, and ability to work independently or with a team under general instructions.

Field Placement - Kershaw County Mental Health Center, 1988 -1989

- Masters level internship in community mental health center.
- Provided therapy to children/adults under supervision of MSW/therapist.

Administrative Assistant, 09/87 - 04/88

- Provided administrative support to Director of agency.
- Supervised one staff member; and maintained/distributed office supplies.

Social Service Generalist, 12/86 - 09/87

- Coordinated services for children receiving Medicaid under EPSDT program.

INSTRUCTION, SUPERVISION, & PRESENTATIONS

Qualified Supervisor for Florida LCSW Interns, Florida Department of Health, 2001 - Present

Field Instructor for Social Work BSW/MSW Students, Florida State University 1997 - Present

Gender Differences in Grief, AARP Grief & Loss Conference, Panama City Beach, FL, 2004

Nursing Home and ALF Training Provider for Alzheimer's disease and Related Disorders, 2010 - Present

HONORS

First Lady of the Year - Beta Sigma Phi, 1999

Social Work Educator of the Year – NASW Emerald Coast Unit, 2014

PROFESSIONAL AFFILIATIONS

The Academy of Traumatology, 2005 - 2009

Academy of Certified Social Workers, 1994 - Present

National Association of Social Workers, 1987 - Present

PROFESSIONAL SERVICE

Chair, FSU Panama City Social Work Community Partners, 2011 - 2013

COMMUNITY

Facilitator, Adoption / Foster Parent Support Group, Life Management Center, 2012 - 2015