

Andrew Ingrassia

EDUCATION

- Master of Social Work** **May 2023**
University of West Florida – Pensacola, FL
Major: Social Work
- Bachelor of Science** **May 2021**
University of West Florida – Pensacola, FL
Major: Health Sciences
- Associate of Art** **August 2018**
Tallahassee Community College – Tallahassee, FL
Major: General Education/Transfer
- Practical Nursing Diploma** **December 2017**
Pensacola State College – Pensacola, FL
Major: Practical Nursing

PROFESSIONAL EXPERIENCE

- Apalachee Center, Inc. – Tallahassee, FL** **August 2021-May 2023**
Admission and Discharge Coordinator, August 2022
Recovery Coach
- Provides recovery-oriented services to hospitalized individuals experiencing a mental health and or substance use crisis.
 - Assists individuals in the development of crisis/relapse prevention plans through mentorship.
 - Facilitates support groups providing education, advocacy, and discussion on mental health, substance use, and recovery.
 - Provides case management services including coordinating and linking clients to needed community services.
- Agency for Healthcare Administration – Tallahassee, FL** **December 2018-May 2021**
Government Analyst II, December 2020
Health Facility Evaluator II
- Responsible for ensuring compliance with federal and state regulatory requirements for an array of healthcare facilities with an emphasis on Long Term Care, Intermediate Care Facilities, Assisted Living Facilities, Health Care Clinics, Home Medical Equipment, Hospitals, and Prescribed Pediatric Extended Care Facilities.
 - Created executive summaries of health care related data for high level review.
 - Provided training on health safety and life safety related topics.
- Centurion of Florida – Wakulla, FL** **February 2018-November 2019**
Licensed Practical Nurse
- Provided nursing care and services to incarcerated individuals housed within inpatient and outpatient psychiatric dormitories at Wakulla Correctional Institute.
 - Responsible for medication administration and education.
 - Responsible for providing emergency medical and psychiatric care and services independently and in conjunction with the on-duty physician.

MILITARY SERVICE

US Army, Fort Stewart, GA
Explosive Ordnance Disposal Technician, Rank of E-4

June 2010-August 2014

SPEAKING ENGAGEMENTS

The Gathering IV Annual Peer Conference – Tallahassee, FL

June, 2023

Host- Community Pulse

- Developed and hosted a breakout session discussing and gathering participant feedback on satisfaction with various aspects of the community's provision of recovery support services.

National Alliance on Mental Illness – Tallahassee, FL

April 2022

Speaker – Crisis Intervention Training for Law Enforcement Officers

- Shared a message of hope in recovery to law enforcement officers.
- Advocated for cultural competency when connecting minority populations to mental health services versus arresting.

Apalachee Center, Inc. – Tallahassee, FL

February 2022

Trainer – Mental Health Assistant Team Leader Training

- Advocated for dignity and worth promoting interactions with individuals who are admitted into psychiatric hospitalization.
- Spoke on the power of self-determination and shared a message of hope in recovery for people living with mental health challenges.

Floridians for Recovery – Tallahassee, FL

January 2022

Speaker – Panel of Recovery Leon County Recovery Community Organization Symposium

- Advocated for acceptance of diverse treatment of mental health and substance use disorders.
- Advocated for self-determination in seeking treatment options.

Floridians for Recovery – Tallahassee, FL

January 2022

Host – Café Conversations Leon County Recovery Community Organization Symposium

- Facilitated a work group exploring ways to reduce stigma concerning mental health and substance use disorder treatment.

Apalachee Center, Inc. – Tallahassee, FL

December 2021

Presenter – Peer Specialist Team Training

- Created and shared a training on substance use disorders, its treatment, and perspectives on recovery from substance use disorders.
- Advocated for strength-based and destigmatizing language around substance use disorders and people who experience substance use disorders.

Agency for Health Care Administration – Tallahassee, FL

February 2021

Trainer – Statewide Life Safety Surveyor Updates

- Created and presented a training on regulatory updates concerning life safety and emergency preparedness in health care facilities.

NONPROFIT LEADERSHIP

Recovery Opportunity Collective – Tallahassee, FL

October 2021-Current

Founding President – Board of Directors

- Involved in the planning, formation, and development of Leon County's Recovery Community Organization, an organization developed to provide support, education, and advocacy for those seeking substance use and mental health recovery.
- Chair of strategic planning.

National Alliance on Mental Illness – Tallahassee, FL

December 2021-Current

Member – Board of Directors

- Holds overall fiscal and managerial oversight. Provides supervision and oversight of the mission.
- Member of Fund Development Committee.

- Organized and hosted Tallahassee’s first Disc Golf Clinic for military veterans which provided a fun recreational opportunity for military veterans to be active, network, and provide each other peer support.

PROFESSIONAL AFFILIATIONS

National Association of Social Workers
National Alliance on Mental Illness

Member since 2022
Member since 2021

VOLUNTEER SERVICE

Apalachicola National Forest Cleanup–Tallahassee, FL
Volunteer

February 2022

- Participated in picking up trash/litter/debris across Apalachicola National Forest.

International Coastal Cleanup – Carrabelle, FL
Volunteer

September 2020, September 2021

- Participated in picking up trash/litter/debris across the panhandle coast in Carrabelle, FL.

Story Telling Club, 4H – Tallahassee, FL
Volunteer

September 2018-December 2018

- Co-hosted a story telling club for teenagers at the Palmer Munroe Teen Center.
- Facilitated written and spoken story development with an emphasis on empowerment.

Big Brother Big Sister – Gulf Breeze, FL
Volunteer Big Brother

June 2017-September 2017

- Provided mentorship and companionship to a disadvantaged teenage boy through the Big Brother Big Sister program for a period where he was awaiting to be reunited with his parents in a different State.