

Rachel M. Harris
Florida State University
College of Social Work
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EDUCATION

Florida State University , College of Social Work, Tallahassee, FL PhD Candidate, Social Work	Expected 2024
Florida State University , College of Education, Tallahassee, FL Graduate Certificate in Measurement & Statistics	Summer 2018
Florida State University , College of Social Work, Tallahassee, FL Master of Social Work - Concentration in Social Policy and Administration	August 2013
Florida State University , College of Social Sciences and Public Policy, Tallahassee, FL Bachelor of Arts, International Affairs - Concentration in Political Science	May 2010
Valencia Community College , General Studies, Orlando, FL Associate of Arts Degree	May 2008

PRIMARY RESEARCH INTERESTS

Social determinants of health and wellbeing, psychosocial stress, and health and social service delivery and engagement with socially marginalized and Maternal and Child Health (MCH) populations

RESEARCH EXPERIENCE

Graduate Research Assistant (Advisors: Frank Y. Wong, PhD; Eugenia Millender, PhD) Florida State University, Center of Population Sciences for Health Equity <ul style="list-style-type: none">Engages in development, writing, and submission of manuscripts; aids in preparation of project proposals (e.g., review and editing of grant proposal or institutional review board materials); manages data and conducts analyses; participates in interdisciplinary research team meetings and projects.	9/2019 – present
Research Assistant (Advisor: Tyra Dark, PhD) Florida State University, Center for Translational Behavioral Science <ul style="list-style-type: none">Engaged in ongoing research activities under the Community Health and Social Epidemiology (CHASE) Program, primarily conducting literature reviews pertaining to project proposals and engaging in manuscript	3/2020 – 7/2023

development processes.

Graduate Research Assistant (Advisors: Amy Ai, PhD; Arthur Raney, PhD) 1/2019 –
Florida State University, College of Social Work, School of Communication 11/2019

- Primary Projects: Traumatization Following Major Disasters among Hurricane Maria Evacuees in Florida: Positive Media and Posttraumatic Growth; Living in the Aftermath of Hurricane Michael
- Participated in survey development activities; conducted review of psychometric literature pertaining to original and translated survey instruments; carried out survey construction in Qualtrics (e.g., structure; item formatting and flow; skip and display logic; general review and editing); managed survey data; supervised undergraduate research assistants; participated in study recruitment planning, outreach, and coordination activities

Graduate Research Assistant (Advisor: Shamra Boel-Studt, PhD) 8/2016 –
Florida State University, College of Social Work 8/2019

- Primary Project: The Group Care Quality Standards Initiative
- Assisted with on-going primary data collection (qualitative and quantitative); managed data; conducted literature searches; analyzed data (qualitative and quantitative); contributed to instrument development; translated measurement tools (as needed, English – Spanish); constructed surveys in Qualtrics

Graduate Research Assistant (Advisor: Tomi Gomory, PhD) 2/2013 –
Florida State University, College of Social Work 8/2013

- Primary Project: The Renaissance Community Center Project: Phase I
- Participated in development of the research agenda; conducted in-person interviews; participated in survey data collection; transcribed interviews; analyzed qualitative data; coauthored manuscript

Graduate Research Assistant (Advisor: Eyitayo Onifade, PhD) 1/2012 –
Florida State University, College of Social Work 6/2012

- Conducted literature reviews; coauthored manuscript

SOCIAL WORK PRACTICE EXPERIENCE

Home Visitor – FSU Early Head Start, Quincy, FL 1/2017 – 1/2019

- Provided family support services in the form of weekly home visits focused on maternal health, infant and early childhood health and development, and early childhood school-readiness; collaborated with families to create and implement family and child goals; assisted families with identifying and accessing community resources and services

Family Counselor – Penfield Children's Center, Behavior Clinic, Milwaukee, WI 1/2016 – 7/2016

- Conducted evaluation, observation, and consultation for children (from infancy to 5 years of age) with behavioral and social-emotional

concerns; provided direct clinical early intervention to children and their families in the home-setting; provided supervision to interns

Service Coordinator – Penfield Children’s Center, Birth to Three, 6/2014 – 1/2016
Milwaukee, WI

- Provided intensive family support services, including facilitating assessment processes, developing Individualized Family Service Plans, coordinating service delivery, and engaging in routine home visits with families

Social Work Research Intern – Institute for Family Violence Studies, 4/2013 – 7/2013
MSW Field Practicum, Tallahassee, FL

- Co-developed and coauthored an online training manual for the Florida Department of Children and Families; conducted extensive literature reviews for the Clearinghouse on Supervised Visitation and the FSU Toolkit for Healthy Relationships Project

Social Work Practice Intern – The Renaissance Community Center, 8/2012 – 4/2013
MSW Field Practicum, Work-Study Program, Tallahassee, FL

- Conducted client intakes; connected clients with appropriate services; participated in the coordination of fundraising activities; designed promotional materials; assisted in managing daily service delivery activities; recruited volunteers, and coordinated volunteer activities

Social Work Practice Intern – Children’s Home Society of Florida, 1/2012 – 4/2012
MSW Field Practicum, Tallahassee, FL

- Conducted home visits with families and children; aided in preparing assessments, service plans, progress notes, and termination summaries; assisted in coordinating delivery of services to clients; regularly attended court hearings on behalf of clients; and prepared client case files

PUBLICATIONS

Peer-Reviewed

Xavier Hall, C. D., **Harris, R. M.**, Girod, C., Yount, K., Sales, J., Burns, P., & Wong, F. (2023). Utilizing latent class analysis to assess the association of intersectional stigma on mental health outcomes among young adult Black, Indigenous and sexual minority women of color. *LGBT Health*. doi.org/10.1089/lgbt.2022.0083

Harris, R. M., Xavier Hall, C. D., Mills, J. C., Pence, B. W., Bagneris, J., & Wong, F. Y. Beyond viral suppression – The impact of cumulative lifetime violence on health-related quality of life among a cohort of virally suppressed patients. (2023). *Journal of Acquired Immune Deficiency Syndromes*, 92(1), 59-66. doi:10.1097/QAI.0000000000003099

Wang, L., **Harris, R.**, Simoni, J. M., Yue, Q., Fu, J., Zheng, H., Ning, Z., Xavier Hall, C. D.,

- Burns, P. A., & Wong, F. Y. (2022). Health services utilization and its associations with depression and sexual risk behaviors among transgender women in Shanghai, China. *Transgender Health*, <https://doi.org/10.1089/trgh.2021.0009>
- Millender, E., **Harris, R.**, Bagneris, J., Reid Marks, L., Barcelona, V., Wong, F. Y., Crusto, C., & Taylor, J. (2022). The cumulative influence of perceived discrimination, stress, and coping responses on symptoms of depression among young African American mothers. *Journal of American Psychiatric Nurses Association*. doi:10.1177/10783903221105281
- Millender, E., Dickey, S., Ouma, C., Bruneau, D., Wisdom-Chambers, K., **Harris, R.**, & Bagneris, J. (2022). Addressing disparities by evaluating depression as a predictor of prostate screenings among Black men in a community health clinic. *Journal of Community Health Nursing*.
- Bagneris, J., Noël, L., **Harris, R.**, & Bennett IV, E. (2021). School-based interventions for posttraumatic stress among children (ages 5 – 11): Systematic review and meta-analysis. *School Mental Health*.
- Wang, L., Barile, J. P., Simoni, J. M., **Harris, R.**, Yue, Q., Fu, J., Zheng, H., Ning, Z., & Wong, F. Y. (2021). Intimate Partner Violence Among Chinese Transwomen: Associations With Sexual Risk Behaviors and HIV Testing. *Sexually transmitted diseases*, 48(5), 362–369. <https://doi.org/10.1097/OLQ.0000000000001317>
- Millender, E., Barile, J. P., R Bagneris, J., **Harris, R. M.**, De Faria, L., Wong, F. Y., Crusto, C. A., & Taylor, J. Y. (2021). Associations between social determinants of health, perceived discrimination, and body mass index on symptoms of depression among young African American mothers. *Archives of Psychiatric Nursing*, 35(1), 94–101. <https://doi.org/10.1016/j.apnu.2020.09.014>
- Murphy, M., Rakes, S., & **Harris, R.** (2020). The psychometric properties of the Session Rating Scale: A Narrative Review. *Journal of Evidence-Based Social Work*. doi 10.1080/26408066.2020.1729281
- Harris, R.**, Murphy, M., & Rakes, S. (2019). Review of the psychometric properties of the Outcome Rating Scale for clinical populations. *Journal of Evidence-Based Social Work*, 16(5), 555-574.
- Gomory, T., Gromer, J., Groton, D., Groff, S., Ellsworth, M., Duncan, M., ... **Harris, R.** (2018). Client Perception and Utilization of an Innovative "One-Stop" Service Center for People Experiencing Homelessness: A Mixed-Methods Case Study. *American Journal of Psychiatric Rehabilitation*, 21(3), 313-330. <https://www.muse.jhu.edu/article/759947>
- Onifade, E., Lee, J., Mennicke, A., Holmes, J., & **Harris, R.** (2016). Predicting delinquent behaviors for Korean youth using the parent-child relationship and career goal tension. *Journal of Ethnicity in Criminal Justice*, 14(2), 137-155.

Under Review

Dark, T., **Harris, R.**, Burns, D., Chernicky, J., Reid-Marks, L., & Rust, G. *Racial/Ethnic differences in mental health treatment received among people with comorbid cardiometabolic and depressive symptomology.* (American Journal of Preventative Medicine Focus)

Millender, E.F., **Harris, R.M.**, Kim, J.H., Xavier Hall, C.D., Kelley, M., Wimbish-Tompkins, R., Wisdom-Chambers, K., Lowe, J., & Wong, F.Y. *Differences in hypertension risk by nativity, language, and neighborhood deprivation among a diverse, clinic-based sample in South Florida.* (Journal of Behavioral Medicine)

In Progress

Wang, L., **Harris, R.**, Kim, J., & Wong, F. Y. *Cigarette Smoking among Men Who Have Sex with Men in China.*

Millender, E., **Harris, R.**, Nowak, A., Xavier Hall, C. D., Reid Marks, L., Barcelona, V., Wong, F. Y., Crusto, C., & Taylor, J. *Associations between neighborhood deprivation scores, stress, and trauma, on depression pressure among young African American mothers.*

Other Publications

Oehme, K., Summerlin, Z., Anderson, D., & **Harris, R.** (2013). *The Protective Factors: An E-Book Series for Supervised Visitation Programs.*
<https://familyvio.csw.fsu.edu/supervised-visitation/training-manuals-materials/e-books>

PRESENTATIONS

Dark, T., **Harris, R.**, Chernicky, J., & Rust, G. *Racial differences in mental health treatment received among people with comorbid cardiometabolic & depressive symptomology.* (accepted, 2023 Society of Behavioral Medicine 44th Annual Meeting & Scientific Sessions, Pheonix, AZ)

Dark, T., **Harris, R.**, Chernicky, J. *Epidemiology of adverse childhood experiences and cardiometabolic risks.* (accepted, Epidemiology and Prevention Lifestyle Scientific Sessions 2023, Boston, MA)

Xavier Hall, C. D., **Harris, R. M.**, Girod, C., Yount, K., Sales, J., & Wong, F. (presented 2021, October). *Multiple forms of discrimination, social support, and mental health in a racially diverse sample of sexual minority women.* American Public Health Association Meeting and Expo, Denver, CO, Online.

Bagneris, J. & **Harris, R.** *Colorism: The importance of the discussion on differences, diversity, and discourse* (accepted, 2020 Council on Social Work Education Annual Program Meeting).

Boel-Studt, S., Deichen, M., Dowdy, T., & **Harris R.** (presented 2020, January). *An Evaluation of the Life Model for Trauma-Affected Foster Children*. Society for Social Work and Research Annual Conference, Washington, D.C.

Ai, A., L., & **Harris, R.** (presented 2019, August). *Anxiety in heart diseases led to religious coping prior to open-heart surgery: Well-being implications*. American Psychological Association 2019, Chicago, IL.

Deichen, M., **Harris, R.**, & Osteen, P. J. (presented 2019, January). *Exploring risk and protective factors of justice-involved pregnant and parenting teens*. Society for Social Work and Research Annual Conference, San Francisco, California.

Harris, R. (presented 2018, November). *How racial discrimination harms psychological well-being*. Council on Social Work Education Annual Program Meeting, Orlando, Florida.

Boel-Studt, S., Huang, H., & **Harris, R.** (presented 2018, November). *Assessing the feasibility of using a rating scale to measure group care*. Council on Social Work Education Annual Program Meeting, Orlando, Florida.

Boel-Studt, S. Huang, H., Abell, N., **Harris, R.**, & Osborn, H. (presented 2018, April). *Improving the Quality of Child Welfare Services: Developing and piloting the group care quality standards assessment*. 100 Years of Social Work, Florida State University College of Social Work, Tallahassee, Florida.

Murphy, M., **Harris, R.**, & Rakes, S. (ePoster, presented 2018, January). *The psychometric properties of the Outcome Rating Scale and Session Rating Scale used in psychotherapy: A narrative review*. Achieving Equal Opportunity, Equity, and Justice, Society for Social Work and Research Annual Conference, Washington, D. C.

TEACHING EXPERIENCE

Instructor of Record

Social Welfare Policies and Programs (Undergraduate; Online)	Spring 2021
Diversity and Social Justice (Undergraduate; Online)	Fall 2020
Social Work Practice with Individuals and Families (Undergraduate)	Spring 2020
Social Work Practice with Individuals and Families (Undergraduate)	Summer 2019
Social Work Practice with Individuals and Families (Undergraduate)	Fall 2019

Online Teaching Mentorships

Human Behavior and the Social Environment (Graduate)	Spring 2019
International Social Work and Human Rights (Graduate)	Spring 2018

Teaching Assistantships

Diversity and Social Justice (Undergraduate)	Fall 2018
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SERVICE

Service to the University

CSW Doctoral Student Organization, Vice President	4/2021 – 5/2022
FSU Graduate Assistants United, Diversity Committee Chair	12/2019 – 12/2021

Service to the Community

We Got This!, Milwaukee, WI	12/2014 – 3/2016
Community HealthCorps, Sixteenth Street Community Health Centers, Milwaukee, WI	8/2013 - 7/2014
Notre Dame Mission Volunteers Americorps, Hope Community Center, Apopka, FL	9/2010 - 8/2011
Farmworker Association of Florida, Apopka, FL	7/2010 - 5/2011

AWARDS

Christopher D. Hefren Child Welfare Endowed Doctoral Scholarship, FSU CSW, 2017 (\$1,000)
FSU Congress of Graduate Students Conference Presentation Grants, 2019 (\$200)

PROFESSIONAL & ACADEMIC MEMBERSHIPS

Society for Social Work and Research
Council on Social Work Education
Florida Association for Infant Mental Health
Zero to Three
FSU Black Graduate Student Association
FSU Graduate Assistants United
Home Visiting Applied Research Collaborative

PROFESSIONAL SKILLS, LICENSES, AND CERTIFICATIONS

Advanced Practice Social Worker – Milwaukee, WI, License #129625 (Granted 11/2015, Expired 2/2017)
National Institutes of Health – Human Subjects Protection Training Certificate
Collaborative Institutional Training Initiative – Social and Behavioral Responsible Conduct of Research Certificate
Software and Technology – Proficient in use of Microsoft 365 (Word, Excel, PowerPoint), Google Workspace (Docs, Spreadsheets, Slides), IBM SPSS (statistical software), Mplus (statistical software), QualtricsXM (survey software)