TITLE: African American Alzheimer's Caregiver Training and Support (ACTS)

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PROJECT ABSTRACT:

The primary objective of this study is to compare the effects of a manualized telephone-based CB intervention to a traditional f-to-f manualized intervention on depression and perceived health for AA care givers of older adults with dementia. Within this study, I developed a sub-study in which the purpose was to do a pilot examination of the validity of depression measurement in African Americans (AAs), specifically interpretations of depressive symptoms and accompanying severity ratings on standardized screening measures for depression (e.g., Patient Health Questionnaire-9; PHQ-9;) This study will provide support for early phenomenon exploration, which NIMH encourages before submitting an R01 proposal in which extensive data are collected.

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Co-Investigators:
None

Community Collaborators:
None